

## PRIOR AUTHORIZATION POLICY

**POLICY:** Inflammatory Conditions – Simponi Subcutaneous Prior Authorization Policy

- Simponi<sup>®</sup> (golimumab subcutaneous injection – Janssen)

**REVIEW DATE:** 06/04/2025; selected revision 07/23/2025 and 10/15/2025

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### OVERVIEW

Simponi subcutaneous injection, a tumor necrosis factor inhibitor (TNFi), is indicated for the following uses:<sup>1</sup>

- **Ankylosing spondylitis**, in adults with active disease either alone or in combination with methotrexate or other non-biologic disease-modifying antirheumatic drugs (DMARDs).
- **Psoriatic arthritis**, in adults with active disease either alone or in combination with methotrexate or other non-biologic DMARDs.
- **Rheumatoid arthritis**, in adults with moderate to severe active disease in combination with methotrexate.
- **Ulcerative colitis**, for the treatment of adults and pediatric patients weighing  $\geq 15$  kg with moderately to severely active disease.

### Guidelines

TNFis are featured prominently in guidelines for treatment of inflammatory conditions.

- **Psoriatic Arthritis:** Guidelines from American College of Rheumatology (ACR) [2019] recommend TNFis over other biologics for use in treatment-naïve patients and in those who were previously treated with an oral therapy.<sup>3</sup>
- **Rheumatoid Arthritis:** Guidelines from ACR (2021) recommend addition of a biologic or a targeted synthetic DMARD for a patient taking the maximum tolerated dose of methotrexate who is not at target.<sup>4</sup>
- **Spondyloarthritis:** Guidelines for ankylosing spondylitis and non-radiographic axial spondylitis are published by the ACR/Spondylitis Association of America/Spondyloarthritis Research and Treatment Network (2019).<sup>2</sup> TNFis are recommended as the initial biologic. In those who are secondary non-responders to a TNFi, a second TNFi is recommended over switching out of the class.
- **Ulcerative Colitis:** The AGA (2024) and the ACG (2025) have clinical practice guidelines on the management of moderate to severe UC.<sup>5,8</sup> In moderate to severe disease, systemic corticosteroids or advanced therapies may be utilized for induction of remission. Advanced therapies recommended include TNF inhibitors, Entyvio<sup>®</sup> (vedolizumab), interleukin (IL)-23 inhibitors, IL-12/23 inhibitors, sphingosine-1-phosphate (S1P) receptor modulators, and Janus kinase (JAK) inhibitors. If steroids are utilized for induction, efforts should be made to introduce steroid-sparing agents for maintenance therapy. Of note, guidelines state corticosteroids may be avoided entirely when other effective induction strategies are planned.<sup>8</sup> Both guidelines also recommend that any drug that effectively treats induction should be continued for maintenance.<sup>5,8</sup>

### POLICY STATEMENT

Prior Authorization is recommended for prescription benefit coverage of Simponi subcutaneous. All approvals are provided for the duration listed below. In cases where the approval is authorized in months, 1 month is equal to 30 days. Because of the specialized skills required for evaluation and diagnosis of patients treated with Simponi subcutaneous as well as the monitoring required for adverse events and long-

term efficacy, initial approval requires Simponi subcutaneous to be prescribed by or in consultation with a physician who specializes in the condition being treated.

**Automation:** None.

## RECOMMENDED AUTHORIZATION CRITERIA

Coverage of Simponi Subcutaneous is recommended in those who meet one of the following criteria:

### FDA-Approved Indications

1. **Ankylosing Spondylitis.** Approve for the duration noted if the patient meets ONE of the following (A or B):
  - A) **Initial Therapy.** Approve for 6 months the patient meets BOTH of the following (i and ii):
    - i. Patient is  $\geq 18$  years of age; AND
    - ii. The medication is prescribed by or in consultation with a rheumatologist; OR
  - B) **Patient is Currently Receiving Simponi (Subcutaneous or Aria).** Approve for 1 year if the patient meets BOTH of the following (i and ii):
    - i. Patient has been established on therapy for at least 6 months; AND  
Note: A patient who has received  $< 6$  months of therapy or who is restarting therapy is reviewed under criterion A (Initial Therapy).
    - ii. Patient meets at least ONE of the following (a or b):
      - a) When assessed by at least one objective measure, patient experienced a beneficial clinical response from baseline (prior to initiating Simponi); OR  
Note: Examples of objective measures include Ankylosing Spondylitis Disease Activity Score (ASDAS), Ankylosing Spondylitis Quality of Life Scale (ASQoL), Bath Ankylosing Spondylitis Disease Activity Index (BASDAI), Bath Ankylosing Spondylitis Functional Index (BASFI), Bath Ankylosing Spondylitis Global Score (BAS-G), Bath Ankylosing Spondylitis Metrology Index (BASMI), Dougados Functional Index (DFI), Health Assessment Questionnaire for the Spondylarthropathies (HAQ-S), and/or serum markers (e.g., C-reactive protein, erythrocyte sedimentation rate).
      - b) Compared with baseline (prior to initiating Simponi), patient experienced an improvement in at least one symptom, such as decreased pain or stiffness, or improvement in function or activities of daily living.
2. **Psoriatic Arthritis.** Approve for the duration noted if the patient meets ONE of the following (A or B):
  - A) **Initial Therapy.** Approve for 6 months if the patient meets BOTH of the following (i and ii):
    - i. Patient is  $\geq 18$  years of age; AND
    - ii. The medication is prescribed by or in consultation with a rheumatologist or a dermatologist; OR
  - B) **Patient is Currently Receiving Simponi (Subcutaneous or Aria).** Approve for 1 year if the patient meets BOTH of the following (i and ii):
    - i. Patient has been established on therapy for at least 6 months; AND  
Note: A patient who has received  $< 6$  months of therapy or who is restarting therapy is reviewed under criterion A (Initial Therapy).
    - ii. Patient meets at least ONE of the following (a or b):
      - a) When assessed by at least one objective measure, patient experienced a beneficial clinical response from baseline (prior to initiating Simponi); OR

Note: Examples of standardized measures of disease activity include Disease Activity Index for Psoriatic Arthritis (DAPSA), Composite Psoriatic Disease Activity Index (CPDAI), Psoriatic Arthritis Disease Activity Score (PsA DAS), Grace Index, Leeds Enthesitis Score (LEI), Spondyloarthritis Consortium of Canada (SPARCC) enthesitis score, Leeds Dactylitis Instrument Score, Minimal Disease Activity (MDA), Psoriatic Arthritis Impact of Disease (PsAID-12), and/or serum markers (e.g., C-reactive protein, erythrocyte sedimentation rate).

- b) Compared with baseline (prior to initiating Simponi), patient experienced an improvement in at least one symptom, such as less joint pain, morning stiffness, or fatigue; improved function or activities of daily living; decreased soft tissue swelling in joints or tendon sheaths.

**3. Rheumatoid Arthritis.** Approve for the duration noted if the patient meets ONE of the following (A or B):

**A) Initial Therapy.** Approve for 6 months if the patient meets ALL of the following (i, ii, and iii):

- i. Patient is  $\geq 18$  years of age; AND
- ii. Patient has tried one conventional synthetic disease-modifying antirheumatic drug (DMARD) for at least 3 months; AND

Note: Examples of conventional synthetic DMARDs include methotrexate (oral or injectable), leflunomide, hydroxychloroquine, and sulfasalazine. An exception to the requirement for a trial of one conventional synthetic DMARD can be made if the patient has already had a 3-month trial with at least one biologic other than the requested drug. A biosimilar of the requested biologic does not count. Refer to [Appendix](#) for examples of biologics used for Rheumatoid Arthritis. A patient who has already tried a biologic for rheumatoid arthritis is not required to “step back” and try a conventional synthetic DMARD.

- ii. The medication is prescribed by or in consultation with a rheumatologist; OR

**B) Patient is Currently Receiving Simponi (Subcutaneous or Aria).** Approve for 1 year if the patient meets BOTH of the following (i and ii):

- i. Patient has been established on therapy for at least 6 months; AND

Note: A patient who has received  $< 6$  months of therapy or who is restarting therapy is reviewed under criterion A (Initial Therapy).

- ii. Patient meets at least ONE of the following (a or b):

- a) Patient experienced a beneficial clinical response when assessed by at least one objective measure; OR

Note: Examples of standardized and validated measures of disease activity include Clinical Disease Activity Index (CDAI), Disease Activity Score (DAS) 28 using erythrocyte sedimentation rate (ESR) or C-reactive protein (CRP), Patient Activity Scale (PAS)-II, Rapid Assessment of Patient Index Data 3 (RAPID-3), and/or Simplified Disease Activity Index (SDAI).

- b) Patient experienced an improvement in at least one symptom, such as decreased joint pain, morning stiffness, or fatigue; improved function or activities of daily living; decreased soft tissue swelling in joints or tendon sheaths.

**4. Ulcerative Colitis.** Approve for the duration noted if the patient meets ONE of the following (A or B):

**A) Initial Therapy.** Approve for 6 months if the patient meets BOTH of the following (i and ii):

- i. Patient weighs  $\geq 15$  kilograms (kg); AND
- ii. The medication is prescribed by or in consultation with a gastroenterologist; OR

**B) Patient is Currently Receiving Simponi (Subcutaneous or Aria).** Approve for 1 year if the patient meets BOTH of the following (i and ii):

- i. Patient has been established on therapy for at least 6 months; AND
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Note: A patient who has received < 6 months of therapy or who is restarting therapy is reviewed under criterion A (Initial Therapy).

- ii. Patient meets at least ONE of the following (a or b):
  - a) When assessed by at least one objective measure, patient experienced a beneficial clinical response from baseline (prior to initiating Simponi); OR  
Note: Examples of assessment for inflammatory response include fecal markers (e.g., fecal calprotectin), serum markers (e.g., C-reactive protein), endoscopic assessment, and/or reduced dose of corticosteroids.
  - b) Compared with baseline (prior to initiating Simponi), patient experienced an improvement in at least one symptom, such as decreased pain, fatigue, stool frequency, and/or decreased rectal bleeding.

### Other Uses with Supportive Evidence

- 5. **Spondyloarthritis, Other Subtypes.** Approve for the duration noted if the patient meets ONE of the following (A or B):

Note: This includes undifferentiated arthritis, non-radiographic axial spondyloarthritis, and reactive arthritis (Reiter's disease). For Ankylosing Spondylitis or Psoriatic Arthritis, refer to the respective criteria under FDA-approved indications.

- A) Initial Therapy. Approve for 6 months if the patient meets ALL of the following (i, ii, and iii):

- i. Patient is  $\geq$  18 years of age; AND
- ii. Patient meets ONE of the following (a or b):
  - a) Patient meets BOTH of the following [(1) and (2)]:
    - (1) Patient has arthritis primarily in the knees, ankles, elbows, wrists, hands, and/or feet; AND
    - (2) Patient has tried at least one conventional synthetic disease-modifying antirheumatic drug (DMARD); OR  
Note: Examples of conventional synthetic DMARDs include methotrexate, leflunomide, and sulfasalazine.
  - b) Patient has axial spondyloarthritis AND has objective signs of inflammation, defined as at least ONE of the following [(1) or (2)]:
    - (1) C-reactive protein elevated beyond the upper limit of normal for the reporting laboratory; OR
    - (2) Sacroiliitis reported on magnetic resonance imaging; AND
- iii. The medication is prescribed by or in consultation with a rheumatologist OR

- B) Patient is Currently Receiving Simponi (Subcutaneous or Aria). Approve for 1 year if the patient meets BOTH of the following (i and ii):

- i. Patient has been established on therapy for at least 6 months; AND  
Note: A patient who has received < 6 months of therapy or who is restarting therapy is reviewed under criterion A (Initial Therapy).
  - ii. Patient meets at least ONE of the following (a or b):
    - a) When assessed by at least one objective measure, patient experienced a beneficial clinical response from baseline (prior to initiating Simponi); OR  
Note: Examples of objective measures include Ankylosing Spondylitis Disease Activity Score (ASDAS) and/or serum markers (e.g., C-reactive protein, erythrocyte sedimentation rate).
    - b) Compared with baseline (prior to initiating Simponi), patient experienced an improvement in at least one symptom, such as decreased pain or stiffness, or improvement in function or activities of daily living.
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### CONDITIONS NOT RECOMMENDED FOR APPROVAL

Coverage of Simponi Subcutaneous is not recommended in the following situations:

- 1. Concurrent Use with a Biologic or with a Targeted Synthetic Oral Small Molecule Drug.** This medication should not be administered in combination with another biologic or with a targeted synthetic oral small molecule drug used for an inflammatory condition (see [Appendix](#) for examples). Combination therapy is generally not recommended due to a potentially higher rate of adverse events and lack of controlled clinical data supporting additive efficacy.  
Note: This does NOT exclude the use of conventional synthetic DMARDs (e.g., methotrexate, leflunomide, hydroxychloroquine, or sulfasalazine) in combination with this medication.
- 2. Plaque Psoriasis without Psoriatic Arthritis.** Simponi Subcutaneous is indicated in patients with psoriatic arthritis, but it has not been evaluated and it is not indicated in patients with plaque psoriasis without psoriatic arthritis. Prospective, controlled trials are needed to determine safety and efficacy in plaque psoriasis. Other TNFis (e.g., etanercept, adalimumab, and infliximab products, Cimzia® [certolizumab pegol subcutaneous injection]) are indicated for the treatment of plaque psoriasis.
- 3. Coverage is not recommended for circumstances not listed in the Recommended Authorization Criteria.** Criteria will be updated as new published data are available.

### REFERENCES

1. Simponi® subcutaneous injection [prescribing information]. Horsham, PA: Janssen; October 2025.
  2. Ward MM, Deodhar A, Gensler LS, et al. 2019 update of the American College of Rheumatology/Spondylitis Association of America/Spondyloarthritis Research and Treatment Network recommendations for the treatment of ankylosing spondylitis and nonradiographic axial spondyloarthritis. *Arthritis Rheumatol.* 2019;71(10):1599-1613.
  3. Singh JA, Guyatt G, Ogdie A, et al. 2018 American College of Rheumatology/National Psoriasis Foundation Guideline for the treatment of psoriatic arthritis. *Arthritis Care Res (Hoboken).* 2019;71(1):2-29.
  4. Fraenkel L, Bathon JM, England BR, et al. 2021 American College of Rheumatology guideline for the treatment of rheumatoid arthritis. *Arthritis Rheumatol.* 2021;73(7):1108-1123.
  5. Singh S, Loftus EV Jr, Limketkai BN, et al. AGA Living Clinical Practice Guideline on Pharmacological Management of Moderate-to-Severe Ulcerative Colitis. *Gastroenterology.* 2024 Dec;167(7):1307-1343.
  6. Furst DE, Keystone EC, So AK, et al. Updated consensus statement on biological agents for the treatment of rheumatic diseases, 2012. *Ann Rheum Dis.* 2013;72 Suppl 2:ii2-34.
  7. Kavanaugh A, McInnes I, Mease P, et al. Golimumab, a new human tumor necrosis factor alpha antibody, administered every four weeks as a subcutaneous injection in psoriatic arthritis: Twenty-four-week efficacy and safety results of a randomized, placebo-controlled study. *Arthritis Rheum.* 2009;60:976-986.
  8. Rubin D, Ananthakrishnan A, Siegel C. ACG Clinical Guideline Update: Ulcerative Colitis in Adults. *Am J of Gastroenterol.* 2025 June;120(6):1187-1224.
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**HISTORY**

Type of Revision	Summary of Changes	Review Date
Annual Revision	No criteria changes.	05/10/2023
Annual Revision	No criteria changes.	06/12/2024
Selected Revision	<p><b>Ankylosing Spondylitis:</b> For initial approvals, a requirement that the patient is <math>\geq 18</math> years of age was added.</p> <p><b>Psoriatic Arthritis:</b> For initial approvals, a requirement that the patient is <math>\geq 18</math> years of age was added.</p> <p><b>Rheumatoid Arthritis:</b> For initial approvals, a requirement that the patient is <math>\geq 18</math> years of age was added.</p> <p><b>Spondyloarthritis, Other Subtypes:</b> For initial approvals, a requirement that the patient is <math>\geq 18</math> years of age was added.</p> <p><b>Conditions Not Recommended for Approval:</b> Concurrent use with a Biologic or with a Targeted Synthetic Oral Small Molecule Drug was changed to as listed (previously oral small molecule drug was listed as Disease-Modifying Antirheumatic Drug).</p>	09/11/2024
Annual Revision	No criteria changes.	06/04/2025
Selected Revision	<p><b>Ulcerative Colitis:</b> For initial therapy, removed the following options of approval: (1) the patient has tried one systemic therapy; (2) the patient has pouchitis and tried an antibiotic, probiotic, corticosteroid enema, or mesalamine enema.</p>	07/23/2025
Selected Revision	<p><b>Ulcerative Colitis:</b> For initial therapy, the requirement that patient is <math>\geq 18</math> years of age was removed. A requirement was added that the patient weighs <math>\geq 15</math> kilograms (kg).</p>	10/15/2025

**APPENDIX**

	<b>Mechanism of Action</b>	<b>Examples of Indications*</b>
<b>Biologics</b>		
<b>Adalimumab SC Products</b> (Humira <sup>®</sup> , biosimilars)	Inhibition of TNF	AS, CD, JIA, PsO, PsA, RA, UC
<b>Cimzia<sup>®</sup></b> (certolizumab pegol SC injection)	Inhibition of TNF	AS, CD, nr-axSpA, PsO, PsA, RA
<b>Etanercept SC Products</b> (Enbrel <sup>®</sup> , biosimilars)	Inhibition of TNF	AS, JIA, PsO, PsA, RA
<b>Infliximab IV Products</b> (Remicade <sup>®</sup> , biosimilars)	Inhibition of TNF	AS, CD, PsO, PsA, RA, UC
<b>Zymfentra<sup>®</sup></b> (infliximab-dyyb SC injection)	Inhibition of TNF	CD, UC
<b>Simponi<sup>®</sup>, Simponi Aria<sup>®</sup></b> (golimumab SC injection, golimumab IV infusion)	Inhibition of TNF	SC formulation: AS, PsA, RA, UC IV formulation: AS, PJIA, PsA, RA
<b>Tocilizumab Products</b> (Actemra <sup>®</sup> IV, biosimilar; Actemra SC, biosimilar)	Inhibition of IL-6	SC formulation: PJIA, RA, SJIA IV formulation: PJIA, RA, SJIA
<b>Kezara<sup>®</sup></b> (sarilumab SC injection)	Inhibition of IL-6	RA
<b>Orencia<sup>®</sup></b> (abatacept IV infusion, abatacept SC injection)	T-cell costimulation modulator	SC formulation: JIA, PSA, RA IV formulation: JIA, PsA, RA
<b>Rituximab IV Products</b> (Rituxan <sup>®</sup> , biosimilars)	CD20-directed cytolytic antibody	RA
<b>Kineret<sup>®</sup></b> (anakinra SC injection)	Inhibition of IL-1	JIA <sup>^</sup> , RA
<b>Omvoh<sup>®</sup></b> (mirikizumab IV infusion, SC injection)	Inhibition of IL-23	CD, UC
<b>Ustekinumab Products</b> (Stelara <sup>®</sup> IV, biosimilar; Stelara SC, biosimilar)	Inhibition of IL-12/23	SC formulation: CD, PsO, PsA, UC IV formulation: CD, UC
<b>Siliq<sup>®</sup></b> (brodalumab SC injection)	Inhibition of IL-17	PsO
<b>Cosentyx<sup>®</sup></b> (secukinumab SC injection; secukinumab IV infusion)	Inhibition of IL-17A	SC formulation: AS, ERA, nr-axSpA, PsO, PsA IV formulation: AS, nr-axSpA, PsA
<b>Taltz<sup>®</sup></b> (ixekizumab SC injection)	Inhibition of IL-17A	AS, nr-axSpA, PsO, PsA
<b>Bimzelx<sup>®</sup></b> (bimekizumab-bkzx SC injection)	Inhibition of IL-17A/17F	PsO, AS, nr-axSpA, PsA
<b>Ilumya<sup>®</sup></b> (tildrakizumab-asmn SC injection)	Inhibition of IL-23	PsO
<b>Skyrizi<sup>®</sup></b> (risankizumab-rzaa SC injection, risankizumab-rzaa IV infusion)	Inhibition of IL-23	SC formulation: CD, PSA, PsO, UC IV formulation: CD, UC
<b>Tremfya<sup>®</sup></b> (guselkumab SC injection, guselkumab IV infusion)	Inhibition of IL-23	SC formulation: CD, PsA, PsO, UC IV formulation: CD, UC
<b>Entyvio<sup>®</sup></b> (vedolizumab IV infusion, vedolizumab SC injection)	Integrin receptor antagonist	CD, UC
<b>Oral Therapies/Targeted Synthetic Oral Small Molecule Drugs</b>		
<b>Otezla<sup>®</sup></b> (apremilast tablets)	Inhibition of PDE4	PsO, PsA
<b>Otezla XR<sup>™</sup></b> (apremilast extended-release tablets)	Inhibitor of PDE4	PsO, PsA
<b>Cibinqo<sup>™</sup></b> (abrocitinib tablets)	Inhibition of JAK pathways	AD
<b>Olumiant<sup>®</sup></b> (baricitinib tablets)	Inhibition of JAK pathways	RA, AA
<b>Litfulo<sup>®</sup></b> (ritlectinib capsules)	Inhibition of JAK pathways	AA
<b>Legselvi<sup>®</sup></b> (deuruxolitinib tablets)	Inhibition of JAK pathways	AA
<b>Rinvoq<sup>®</sup></b> (upadacitinib extended-release tablets)	Inhibition of JAK pathways	AD, AS, nr-axSpA, RA, PsA, CD, UC
<b>Rinvoq<sup>®</sup> LQ</b> (upadacitinib oral solution)	Inhibition of JAK pathways	PsA, PJIA
<b>Sotyktu<sup>®</sup></b> (deucravacitinib tablets)	Inhibition of TYK2	PsO
<b>Xeljanz<sup>®</sup></b> (tofacitinib tablets/oral solution)	Inhibition of JAK pathways	RA, PJIA, PsA, UC
<b>Xeljanz<sup>®</sup> XR</b> (tofacitinib extended-release tablets)	Inhibition of JAK pathways	RA, PsA, UC
<b>Zeposia<sup>®</sup></b> (ozanimod tablets)	Sphingosine 1 phosphate receptor modulator	UC
<b>Velsipity<sup>®</sup></b> (etrasimod tablets)	Sphingosine 1 phosphate receptor modulator	UC

\* Not an all-inclusive list of indications. Refer to the prescribing information for the respective agent for FDA-approved indications; SC – Subcutaneous; TNF – Tumor necrosis factor; AS – Ankylosing spondylitis; CD – Crohn’s disease; JIA – Juvenile idiopathic arthritis; PsO – Plaque psoriasis; PsA – Psoriatic arthritis; RA – Rheumatoid arthritis; UC – Ulcerative colitis; nr-axSpA – Non-radiographic axial spondyloarthritis; IV – Intravenous, PJIA – Polyarticular juvenile idiopathic arthritis; IL – Interleukin; SJIA – Systemic juvenile idiopathic arthritis; ^ Off-label use of Kineret in JIA supported in guidelines; ERA – Enthesitis-related arthritis; DMARD – Disease-modifying antirheumatic drug; PDE4 – Phosphodiesterase 4; JAK – Janus kinase; AD – Atopic dermatitis; AA – Alopecia areata; TYK2 – Tyrosine kinase 2.