

PRIOR AUTHORIZATION POLICY

POLICY: Ophthalmology – Dry Eye Disease – Tryptyr Prior Authorization Policy

- Tryptyr (acoltremon ophthalmic solution – Alcon)

REVIEW DATE: 06/25/2025

OVERVIEW

Tryptyr, a transient receptor potential melastatin 8 (TRPM8) thermoreceptor agonist, is indicated for the treatment of the signs and symptoms of **dry eye disease**.¹

The safety and efficacy of Tryptyr in pediatric patients have not been established.

Guidelines

The American Academy of Ophthalmology (AAO) Dry Eye Syndrome Preferred Practice Pattern® (2024) notes dry eye syndrome is also known as dry eye disease or keratoconjunctivitis sicca.² Dry eye is generally classified according to both symptoms and signs (i.e., mild, moderate, or severe); however, there is an emphasis on symptoms over signs. Management of dry eye is listed as a four-step staged approach, but specific therapies may be chosen from any step, regardless of the level of disease severity, depending on provider experience and patient preference. Tryptyr is not addressed in the AAO dry eye syndrome preferred practice pattern but other FDA-approved therapies for dry eye disease (cyclosporine ophthalmic products, Miebo™ [perfluorohexyloctane ophthalmic solution], Tyrvaya® [varenicline nasal spray], and Xiidra [lifitegrast ophthalmic solution]) are noted as Step 2 options. The AAO notes use of any of these FDA-approved products may lead to improvement of patient symptoms and/or signs but none has been proven more effective than the other in head-to-head trials; there are no direct comparisons in a prospective clinical trial in the literature.

POLICY STATEMENT

Prior Authorization is recommended for prescription benefit coverage of Tryptyr. All approvals are provided for the duration noted below.

Automation: None.

RECOMMENDED AUTHORIZATION CRITERIA

Coverage of Tryptyr is recommended in those who meet the following criteria:

FDA-Approved Indication

1. **Dry Eye Disease.** Approve for 1 year if the patient is ≥ 18 years of age.

Note: Examples of dry eye disease include dry eye syndrome and keratoconjunctivitis sicca.

CONDITIONS NOT RECOMMENDED FOR APPROVAL

Coverage of Tryptyr is not recommended in the following situations:

1. **Concomitant Use with an Ophthalmic Cyclosporine Product, Tyrvaya (varenicline nasal solution), or Xiidra (lifitegrast 5% ophthalmic solution).** There are no data to support the concomitant use of Tryptyr with an ophthalmic cyclosporine product, Tyrvaya, or Xiidra.
Note: Ophthalmic cyclosporine products are Cequa, Restasis/generic, and Vevye.
2. Coverage is not recommended for circumstances not listed in the Recommended Authorization Criteria. Criteria will be updated as new published data are available.

REFERENCES

1. Tryptyr® ophthalmic solution [prescribing information]. Fort Worth, TX: Alcon; May 2025.
2. Amescua G, Ahmad S, Cheung AY, et al. American Academy of Ophthalmology Preferred Practice Pattern Cornea and External Disease Panel. Dry Eye Syndrome Preferred Practice Pattern®. *Ophthalmology*. 2024;131(4);P1-P49.

HISTORY

Type of Revision	Summary of Changes	Review Date
New Policy	--	06/25/2025