

## **Medical Policy: Breast Pump**

Effective Date: 5/28/13

Reviewed/Revised: 2/13/14; 11/14/13; 2/20/25; 5/8/25;

8/14/25

Reviewed/No Updates: 2/12/15; 2/11/16; 2/9/17; 2/8/18;

2/14/19; 2/13/20; 2/11/21; 2/17/22; 2/2/23; 2/8/24

## **Breast Pump Policy**

The Ventura County Health Care Plan strongly supports breastfeeding of infants. To promote breastfeeding, the Plan will reimburse the cost of a breast pump upon request to all mothers of newborns or to breastfeeding mothers with infants 9 months old or less. Breast pumps will be supplied as follows:

- 1. The member may purchase a manual breast pump or bilateral electrical breast pump through any provider. One breast pump (manual or bilateral electric) will be reimbursed per pregnancy up to a \$200 maximum. To obtain reimbursement for a breast pump, the member will complete a Reimbursement Form\* and submit the form to the VCHCP Claim Department along with an original receipt as proof of purchase. The member can request the reimbursement form 30 days prior to delivery. No preauthorization is required.
- 2. For infants who are detained in the hospital for medical reasons, a hospital grade electrical breast pump will be provided to the member on a rental basis by a contracted provider for the period that the infant is detained in the hospital and who is certified by the infant's doctor as being unable to breast feed. Preauthorization will be required, and the provider will directly bill VCHCP.
- 3. If a member is using an electric breast pump from a previous pregnancy and requests reimbursement for a new set of supplies, the new supplies-will be reimbursed within the first 12 months following delivery. To obtain reimbursement for breast pump supplies, the member will complete a Reimbursement Form\* and submit the form to the VCHCP Claim Department along with an original receipt as proof of purchase. No preauthorization is required.
- \*NOTE: The reimbursement request must be submitted within 180 days of purchase. These forms are available only in hard copy and can be found and downloaded from the following website address:

 $\frac{https://www.vchealthcareplan.org/members/programs/docs/countyemployees/reimbursementClaimForm.pdf}{}$ 

Alternatively, the form can be opened and printed from the attachment below:



A. Attachment: None

B. History:



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Author/Reviewer: Albert Reeves. MD May 09, 2013

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Reviewed/No Updates: Catherine Sanders, MD November 14, 2013 Committee Review: UM: November 14, 2013; QAC November 26, 2013 Reviewed/No Updates: Catherine Sanders, MD February 13, 2014 Committee Review: UM: February 13, 2014; QAC February 25, 2014 Reviewed/No Updates: Faustine Dela Cruz, RN & Catherine Sanders, MD Committee Review: UM: February 12, 2015; QAC: February 24, 2015 Reviewed/No Updates: Faustine Dela Cruz, RN & Catherine Sanders, MD Committee Review: UM: February 11, 2016; QAC: February 23, 2016 Reviewed/No Updates: Catherine Sanders, MD & Robert Sterling, MD Committee Review: UM: February 9, 2017; QAC: February 28, 2017 Reviewed/No Updates: Catherine Sanders, MD & Robert Sterling, MD Committee Review: UM: February 8, 2018; QAC: February 27, 2018 Reviewed/No Updates: Catherine Sanders, MD & Robert Sterling, MD Committee Review: UM: February 14, 2019; QAC: February 26, 2019 Reviewed/No Updates: Howard Taekman, MD & Robert Sterling, MD Committee Review: UM: February 13, 2020; QAC: February 25, 2020 Reviewed/No Updates: Howard Taekman, MD & Robert Sterling, MD Committee Review: UM: February 11, 2021; QAC: February 23, 2021 Reviewed/No Updates: Howard Taekman, MD & Robert Sterling, MD Committee Review: UM: February 17, 2022; QAC: February 22, 2022 Reviewed/No Updates: Howard Taekman, MD & Robert Sterling, MD Committee Review: UM: February 2, 2023; QAC: February 7, 2023 Reviewed/No Updates: Howard Taekman, MD & Robert Sterling, MD Committee Review: UM: February 8, 2024; QAC: February 27, 2024 Reviewed/Updated by: Howard Taekman, MD & Robert Sterling, MD Committee Review: UM: February 20, 2025; QAC: February 25, 2025 Reviewed/Updated by: Howard Taekman, MD & Robert Sterling, MD Committee Review: UM: May 8, 2025; QAC: May 27, 2025 Reviewed/Updated by: Howard Taekman, MD & Robert Sterling, MD

Committee Review: UM: August 14, 2025; QAC: August 26, 2025

Revision	Content	Contributors	Review/Revision
Date	Revised		Notes



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	(Yes/No)		
2/9/17	No	Catherine Sanders, MD; Robert Sterling, MD	Annual Review
2/8/18	No	Catherine Sanders, MD; Robert Sterling, MD	Annual Review
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2/13/20	No	Howard Taekman, MD; Robert Sterling, MD	Annual Review
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2/2/23	No	Howard Taekman, MD; Robert Sterling, MD	Annual Review
2/8/24	No	Howard Taekman, MD; Robert Sterling, MD	Annual Review
2/20/25	Yes	Howard Taekman, MD; Robert Sterling, MD	Added link and
			attachment of
			Reimbursement
			Claim form
5/8/25	Yes	Howard Taekman, MD; Robert Sterling, MD	Updated to add
			that member can
			request the
			reimbursement
			form 30 days prior
			to delivery
8/14/25	Yes	Robert Sterling, MD	Updated to clarify
			that the
			reimbursement
			request must be
			submitted within
			180 days of
			purchase.