

## Medical Policy:

# **Orthopedic Footwear**

Effective Date: 11-13-07 Reviewed Date: 11/1/11; 4/17/12 Reviewed/No Updates: 1/28/13; 2/13/14

### **Policy:**

VCHCP considers an orthopedic footwear including shoes, inserts and modification to shoes for individuals who **do not have diabetes**, **medically necessary** only in the **limited** circumstances described below:

- 1. Shoes are considered **medically necessary** if they are an integral part of a covered leg brace.
- 2. Heel replacements, sole replacements and shoe transfers involving shoes on a covered brace are also considered **medically necessary**.
- 3. Inserts and other shoe modifications (such as lifts, wedges, arch supports and other additions) are considered **medically necessary** if they are on a shoe that is an integral part of a covered brace and if they are medically necessary for the proper functioning of the brace.
- 4. Prosthetic shoes are considered **medically necessary** if they are an integral part of a prosthesis for individuals with a partial foot amputation.

This guideline does not address shoes, inserts and modifications for selected individuals with diabetes for the prevention or treatment of diabetic foot ulcers.

VCHCP considers the following **not medically necessary:** 

- 1. Orthopedic footwear that does not meet the criteria above is considered **not medically necessary**.
- 2. A matching shoe that is not attached to a brace and items related to that shoe are considered **not medically necessary**.
- 3. Shoes are considered **not medically necessary** when they are put on over partial foot prosthesis or other lower extremity prosthesis that is attached to the residual limb by other mechanisms.

#### **Discussion/General Information**

This clinical guideline is based on Medicare criteria

**A.** Attachment : None

**B:** Author/Reviewer: Sheldon Haas MD 11-05-07

Committee Review: UM on 11-08-07 & QA on 11-13-07 Reviewed by Albert Reeves MD Date: 11/1/11 Committee Review: UM on 11/10/11 & QA on 11/22/11

Reviewed/No Changes: Albert Reeves, MD Date: 4/17/12

Committee Reviews: UM on 5/10/12 & QA on 5/22/12

Reviewed/No Changes: Albert Reeves, MD Date: 1/28/13

Committee Review: UM on 2/14/13; QA on 2/26/13

Reviewed/ No Changes: Catherine Sanders, MD

Committee Review: UM on 2/13/14; QA on 2/25/14

#### C. References

1. Orthopedic Footwear (L11456). Revised 03/01/2006. Available at:

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2. TriCenturion. Jurisdiction A/B. Local Coverage Determination for Orthopedic Footwear (L11467). Revised 03/01/2006. Available at:

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3. TrustSolutions. Jurisdiction C. Local Coverage Determination for Orthopedic Footwear (L11445). Revised 03/01/2006. Available at: <a href="http://www.cms.hhs.gov/mcd/viewlcd.asp?lcd\_id=11445">http://www.cms.hhs.gov/mcd/viewlcd.asp?lcd\_id=11445</a> <a href="http://www.cms.hh