

Medical Policy for Low Dose Computed Tomography for Lung Cancer Screening

VCHCP has adopted the United States Preventative Services Task Force (USPSTF) Guidelines for the Plan's Preventative Clinical Practice Guidelines. With the updated USPSTF guideline in December 2013 to include lung cancer screening, the following policy had been implemented.

VCHCP recommends and will approve annual screening for lung cancer with low dose computed tomography for the following select patients:

Adults ages 55-80 years who have a 30 pack-year smoking history and currently smoke or have quit within the past 15 years.

NOTE: Screening should be discontinued once a person has not smoked for 15 years or develops a health problem that substantially limits life expectancy or the ability or willingness to have curative lung surgery.

A. HISTORY:

Reviewed/No Updates by: Howard Taekman, MD & Robert Sterling, MD

Committee Review: UM: February 13, 2020; QAC: February 25, 2020

Reviewed/No Updates by: Howard Taekman, MD & Robert Sterling, MD

Committee Review: UM: February 11, 2021; QAC: February 23, 2021

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Committee Review: UM: February 17, 2022; QAC: February 22, 2022

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Reviewed/No Updates by: Howard Taekman, MD & Robert Sterling, MD

Committee Review: UM: February 8, 2024; QAC: February 27, 2024

Reviewed/No Updates: Howard Taekman, MD & Robert Sterling, MD

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Reviewed/No Updates by: Robert Sterling, MD

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VCHCP Medical Policy 034: Low Dose Computed Tomography for Lung Cancer Screening

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Revision Date	Content Revised (Yes/No)	Contributors	Review/Revision Notes
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2/12/26	No	Robert Sterling, MD	Annual Review