



## Set up your Teladoc Health account

## in 4 easy steps



Download the app to talk to a doctor anytime, anywhere\* by phone or video.

- Download the app Search for "Teladoc Health" in the App Store or on Google Play.
- Set up your account
  Once you've downloaded the app, select
  "Set up your account."
- Enter basic contact information

  Provide some information about yourself to confirm your eligibility. We'll confirm we found your benefits and you'll continue creating your account.
- Create your account
  Enter your address and phone number, create a username and password, pick security questions, and agree to terms and conditions.

## Download the app to talk to a doctor

Visit Teladoc.com
Call 1-800-TELADOC (835-2362) | Download the app ≰ | ♠

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<sup>\*</sup>Teladoc Health is not available internationally.