

A Department of Ventura County Health Care Agency

Out-of-Pocket Maximum Notices

An out-of-pocket (OOP) maximum is a cap, or limit, on the amount of money you pay for covered health care services in a plan year. If you meet that limit, your health plan will pay 100% of all covered health care costs for the remainder of the plan year. Under the Ventura County Health Care Plan (VCHCP), the individual OOP maximum is \$3,000.

Effective July 2022, VCHCP is required to send out monthly notices to any members who have had claims processed within the last 30 calendar days. We are required to send these notices to each individual enrollee; therefore, some households may receive more than one notice. These notices will indicate how much of your OOP maximum has been met for the year including medical, pharmacy, and behavioral health claims.

Please note that you can opt out from receiving these monthly mailings, or you can request to receive them electronically via email as an alternative. Additionally, you may obtain this information at any time by contacting our Member Services Department or logging in to the VCHCP Member Portal at member.vchealthcareplan.org.

I would like to opt-out of receiving these notices. I would like to start receiving these notices electronically at the below email address:					
			Email:		
			Employee Name:	Member ID:	
Signature:	Date:				
	require further assistance, please contact our Member or (800) 600-8247, Monday - Friday between the hours				
Sincerely, Ventura County Health Care Plan					

Last Updated: 10/01/25