

Preventive Clinical Practice Guidelines

Perinatal Care:

The VCHCP has adopted the clinical practice guidelines recommended and published by the joint efforts of the American Academy of Pediatrics (AAP) Committee on Fetus and Newborn and the American College of Obstetricians and Gynecologists (ACOG) Committee on Obstetric practice. Guidelines are available at <https://www.vhealthcareplan.org/providers/docs/medpolicies/PerinatalCareGuidelines.pdf>

Children birth – 24 months:

The VCHCP has adopted immunizations recommended by the Advisory Committee on Immunization Practices (ACIP) of the CDC. Guidelines are available at www.cdc.gov/vaccines/acip/index.html

The VCHCP has adopted the guidelines of the U.S. Preventive Services Task Force (USPSTF) which apply to newborns. Guidelines are available at

<http://www.uspreventiveservicestaskforce.org/BrowseRec/Index>

They include:

1. Hearing loss screening in newborns
2. Hemoglobinopathies screening in newborns
3. Hypothyroidism screening in newborns
4. Phenylketonuria screening in newborns
5. Gonorrhea prophylactic medication in newborns
6. Sickle Cell Disease in newborns

Children 2 to 19 years old:

The VCHCP has adopted immunizations recommended by the ACIP of the CDC. Guidelines are available at www.cdc.gov/vaccines/acip/index.html

The VCHCP has adopted the guidelines of the USPSTF which apply to children ages 2 to 19 years old.

Guidelines are available at <http://www.uspreventiveservicestaskforce.org/BrowseRec/Index>

They include:

1. Dental caries prevention in preschool children
2. Depression screening in adolescents (12-18 years)
3. Obesity screening and counseling in children 6 years and older
4. Sexually transmitted infections counseling for adolescents
5. Skin cancer behavioral counseling for children and adolescents
6. Visual acuity screening in children between the ages of 3 and 5 years

Adults ages 20-64:

The VCHCP has adopted immunizations recommended by the Advisory Committee on Immunization Practices of the CDC for adults ages 20-64. Guidelines are available at www.cdc.gov/vaccines/acip/index.html

The VCHCP has adopted the guidelines of the USPSTF which apply to adults ages 20 to 64 years old. Guidelines are available at <http://www.uspreventiveservicestaskforce.org/BrowseRec/Index>

They include:

1. Alcohol misuse counseling
2. Aspirin to prevent cardiovascular disease in men 45 and older
3. Aspirin to prevent cardiovascular disease in women 55 and older
4. Blood pressure screening in adults
5. BRCA screening and counseling in qualified women
6. Breast cancer preventive medication for qualified women
7. Breast cancer screening in women 40 years and older
8. Cervical cancer screening in women ages 21 to 65
9. Chlamydial infection screening in non-pregnant women in appropriate women
10. Cholesterol abnormalities screening in men 35 and older
11. Cholesterol abnormalities screening in men younger than 35 when at increased risk
12. Cholesterol abnormalities screening in women 45 and older
13. Cholesterol abnormalities screening in women younger than 45 when at increased risk
14. Colorectal cancer screening in adults 50 and older
15. Depression screening in adults
16. Diabetic screening in adults
17. Gonorrhea screening in appropriate women
18. Healthy diet counseling in appropriate adults
19. HIV screening of adults at increased risk
20. Intimate partner violence screening for women of childbearing age
21. Low Dose Computed Tomography for lung cancer screening
22. Obesity screening and counseling of adults
23. Sexually transmitted infection counseling of adults at increased risk
24. Tobacco use counseling and interventions for non-pregnant persons
25. Tobacco use counseling of pregnant women
26. Syphilis screening of non-pregnant persons at increased risk
27. Syphilis screening of pregnant women

Adults 65 years and Older:

The VCHCP has adopted immunizations recommended by the ACIP of the CDC for adults ages 65 years and older. Guidelines are available at www.cdc.gov/vaccines/acip/index.html

The VCHCP has adopted the guidelines of the USPSTF which apply to adults ages 65 years and older. Guidelines are available at <http://www.uspreventiveservicestaskforce.org/BrowseRec/Index>

They include:

1. Abdominal aortic aneurysm screening in men
2. Falls prevention in older adults who are at risk for falls
3. Falls prevention in older adults at increased risk – vitamin D
4. Osteoporosis screening in women

A. Attachment: None

B. Revision History: Author/Reviewer: Albert Reeves, MD; Date: May 2013

Committee Review & Approval: UM on 05/9/13 & QA on 05/28/13 Reviewed/With Changes:
Catherine Sanders, MD

Committee Reviews: QAC: May 27, 2014

Committee Review: QAC: February 24, 2015

Reviewed/No Updates by: Catherine Sanders, MD

Committee Review: QAC: February 23, 2016

Reviewed/No Updates by: Catherine Sanders, MD

Committee Review: QAC: February 28, 2017

Reviewed/No Updates by: Catherine Sanders, MD

Committee Review: QAC: February 27, 2018

Reviewed/No Updates by: Catherine Sanders, MD

Committee Review: QAC: February 26, 2019

Reviewed/No Updates by: Howard Taekman, MD

Committee Review: QAC: February 25, 2020

Reviewed/No Updates by: Howard Taekman, MD

Committee Review: QAC: February 23, 2021

Reviewed/No Updates by: Howard Taekman, MD

Committee Review: QAC: February 22, 2022

Reviewed/No Updates by: Howard Taekman, MD

Committee Review: QAC: February 7, 2023

Reviewed/No Updates by: Howard Taekman, MD

Committee Review: QAC: February 27, 2024

Reviewed/Updated by: Howard Taekman, MD

Committee Review: QAC: November 26, 2024

Reviewed/No Updates by: Howard Taekman, MD

Committee Review: QAC: February 25, 2025

Revision Date	Content Revised (Yes/No)	Contributors	Review/Revision Notes
2/28/2017	No	Catherine Sanders, MD	Annual review
2/27/2018	No	Catherine Sanders, MD	Annual review
2/26/2019	No	Catherine Sanders, MD	Annual review
2/25/2020	No	Howard Tackman, MD	Annual review
2/23/2021	No	Howard Tackman, MD	Annual review
2/22/2022	No	Howard Tackman, MD	Annual review
2/7/2023	No	Howard Tackman, MD	Annual review
2/27/2024	No	Howard Tackman, MD	Annual review
11/26/2024	Yes	Howard Tackman, MD	Updated link for Perinatal Care Guideline
2/25/2025	No	Howard Tackman, MD	Annual review