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2/8/24, 2/20/25

## NEBULIZERS: HOME USE

### Policy

VCHCP covers nebulizers for home use when one or more of the following criteria are met:

#### I. Standard (Small Volume) Nebulizer

The use of a small volume nebulizer and related compressor is considered medically necessary durable medical equipment (DME) for any of the following indications:

- A. To administer antibiotics (gentamicin, amikacin, or tobramycin,<sup>\*\*\*</sup>) to members with cystic fibrosis or bronchiectasis
- B. To administer beta-adrenergics (albuterol, isoproterenol, isoetharine, levalbuterol, metaproterenol), anticholinergics (ipratropium), corticosteroids (budesonide), and cromolyn for the management of obstructive pulmonary diseases (chronic bronchitis, emphysema, asthma, etc.); \*
- C. To administer dornase alfa (Pulmozyme)<sup>\*\*</sup> to members with cystic fibrosis (Note: the use of Pulmozyme for non-cystic fibrosis indications is considered experimental and investigational);
- D. To administer mucolytics (other than dornase alpha) (e.g. acetylcysteine) for persistent thick or tenacious pulmonary secretions; or
- E. To administer pentamidine to members with HIV, pneumocystosis, or complications of organ transplants.
- G. To administer aztreonam inhalation solution (Cayston) to persons with cystic fibrosis with *Pseudomonas aeruginosa*

**NOTE:** Small volume nebulizers and related compressors are considered experimental and investigational for all other indications.

\* The physician must have considered use of a metered dose inhaler (MDI) with and without a reservoir or spacer device and ensured the patient had been instructed as to proper use, and decided that, for medical reasons, it was not sufficient for the administration of needed inhalation drugs.

\*\* More than one nebulizer may be considered medically necessary for members who are prescribed nebulized dornase alfa (Pulmozyme) plus other nebulized medications. The Food and Drug Administration (FDA)-approved product labeling of dornase alfa instructs that it should not

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be diluted or mixed with other drugs in the nebulizer. The labeling explains that mixing of dornase alpha with other drugs could lead to adverse physicochemical and/or functional changes in dornase alpha or the admixed compound.

\*\*\* Re: tobramycin, See section II (below)

**II. Ultrasonic Nebulizers**

The use of ultrasonic nebulizers is considered medically necessary DME for delivery of tobramycin (Tobi) for members with cystic fibrosis who meet the criteria for a standard nebulizer.

Because there is no proven medical benefit to nebulizing particles of other drugs to diameters smaller than achievable with a pneumatic model, ultrasonic nebulizers are considered medically necessary only when all the following criteria are met:

- A. The member meets the criteria for a standard nebulizer; and
- B. The primary care physician and specialist indicate that the member has been compliant with other nebulizer and medication therapy; and
- C. The use of a standard nebulizer has failed to control the member's disease and prevent the member from utilizing the hospital or emergency room.

**NOTE:** Ultrasonic nebulizers are considered experimental and investigational for all other indications.

**III. Portable Nebulizers**

If a portable nebulizer is requested in lieu of a standard nebulizer, and the coverage criteria for a standard nebulizer are met, coverage will be based on cost of a standard nebulizer.

**Replacements**

Coverage for replacement of nebulizers is considered if the warranty has expired **AND** the Primary Care Physician and/or Specialist confirms that the member has been compliant with the nebulizer and anticipates the need for continued use to prevent hospital admission or emergency room visits.

**Procedure:**

A treatment authorization (TAR) should be submitted to UR for approval

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**Place of Service:** Outpatient

**Attachments:** None

**History:**

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| Revision Date | Content Revised (Yes/No) | Contributors                               | Review/Revision Notes                |
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| 2/20/25       | Yes                      | Howard Taekman, MD and Robert Sterling, MD | Formatting changes. Added Tobramycin |



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