

## Medical Policy: Maternity Home Care

Effective: 7/9/02

Reviewed/ Revised: 4/2004, 2/28/06

Reviewed/No Updates: 11/1/11, 4/17/12, 1/28/13, 2/13/14,  
2/12/15, 2/11/16, 2/9/17, 2/8/18, 2/14/19, 2/13/20, 2/11/21,  
2/17/22, 2/2/23, 2/8/24, 2/20/25

## Maternity Home Care

### Policy:

VCHCP covers medically necessary antenatal and postpartum care.

Inpatient hospital care for forty-eight (48) hours following a normal vaginal delivery and ninety-six (96) hours following a delivery by cesarean section, unless an extended stay is authorized by the Plan. If the treating physician, in consultation with the mother, decides to discharge the mother and newborn before the 48- or 96-hour time period, the Plan will cover a post discharge follow-up visit within 48 hours of discharge when prescribed by the treating physician. The visit shall be provided by licensed health care provider whose scope of practice includes postpartum and newborn care and shall include parent education, assistance and training in breast or bottle feeding, and the performance of any necessary maternal or neonatal physical assessments. The treating physician, in consultation with the mother, shall determine whether the post discharge visit shall occur at home, at the hospital, or at the treating physician's office after assessment of transportation needs of the family, environmental and social risks. (Newborn and Mother's Health Act of 1996).

Medical Policy: Skilled Home Health Nursing Services' for additional information concerning coverage of home care services.

VCHCP will not reduce or limit the reimbursement to the provider, offer any monetary or other inducement, either to the provider or to the mother, to provide or accept care in a manner inconsistent with coverage requirements.

### Procedure:

The treating physician is not required to obtain prior authorization for an in-home visit: however, if the services of a home health agency are prescribed, the Plan must receive written notification of the referral and the referral must be made to a Plan-approved provider.

**Attachments:** None

### History:

Reviewed/No Updates: Richard Ashby MD, Lita Catapang RN; QAC; Date: 7/9/02

Reviewed /Revised: Sheldon Haas MD, David Chernof, MD; QAC; Date: April 2004

Reviewed/No Changes: Cynthia Wilhelmy, MD; Date: 01/17/06

Committee Review: UM: February 06, 2006; QAC February 28, 2006

Reviewed/Revised: Albert Reeves, MD; Faustine Dela Cruz, RN; Date: 11/1/11

Committee Review: UM: November 10, 2011; QAC: November 22, 2011

Reviewed/No Changes: Albert Reeves, MD; Date: 4/17/12

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 2/17/22, 2/2/23, 2/8/24, 2/20/25

Committee Reviews: UM: May 10, 2012; QAC: May 22, 2012  
 Reviewed/No Changes: Albert Reeves, MD; Date: 1/28/13  
 Committee Review: UM: February 14, 2013; QAC: February 26, 2013  
 Reviewed/No Changes: Catherine Sanders, MD  
 Committee Review: UM: February 13, 2014; QAC February 25, 2014  
 Reviewed/No Updates: Catherine Sanders, MD  
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 Reviewed/No Updates: Faustine Dela Cruz, RN & Catherine Sanders, MD  
 Committee Review: UM: February 11, 2016; QAC: February 23, 2016  
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 Reviewed/No Updates: Catherine Sanders, MD & Robert Sterling, MD  
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 Reviewed/No Updates: Howard Taekman, MD & Robert Sterling, MD  
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 Reviewed/No Updates: Howard Taekman, MD & Robert Sterling, MD  
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 Reviewed/No Updates: Howard Taekman, MD & Robert Sterling, MD  
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 Reviewed/Updated by: Howard Taekman, MD & Robert Sterling, MD  
 Committee Review: UM: February 20, 2025; QAC: February 25, 2025

<b>Revision Date</b>	<b>Content Revised (Yes/No)</b>	<b>Contributors</b>	<b>Review/Revision Notes</b>
2/9/17	No	Catherine Sanders, MD; Robert Sterling, MD	Annual Review
2/8/18	No	Catherine Sanders, MD; Robert Sterling, MD	Annual Review
2/14/19	No	Catherine Sanders, MD; Robert Sterling, MD	Annual Review
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2/2/23	No	Howard Taekman, MD; Robert Sterling, MD	Annual Review
2/8/24	No	Howard Taekman, MD; Robert Sterling, MD	Annual Review



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2/20/25	Yes	Howard Taekman, MD and Robert Sterling, MD	Minor change; replaced "See CPB #201" with "Medical Policy"
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