

# UTILIZATION MANAGEMENT MEDICAL POLICY

- **POLICY:** Proprotein Convertase Subtilisin Kexin Type 9 Related Products Leqvio Utilization Management Medical Policy
  - Leqvio<sup>®</sup> (inclisiran subcutaneous injection Novartis)

**REVIEW DATE:** 05/08/2024

#### **OVERVIEW**

Leqvio, a small interfering ribonucleic acid (RNA) directed to proprotein convertase subtilisin kexin type 9 (PCSK9) messenger RNA, is indicated as an adjunct to diet and statin therapy for the treatment of adults with primary hyperlipidemia, including heterozygous familial hypercholesterolemia (HeFH), to reduce low-density lipoprotein cholesterol (LDL-C).<sup>1</sup> The safety and effectiveness have not been established in pediatric patients.

Repatha<sup>®</sup> (evolocumab subcutaneous injection) and Praluent<sup>®</sup> (alirocumab subcutaneous injection) are PCSK9 inhibitor products.<sup>2,3</sup>

#### **Dosing Information**

Leqvio is given as a subcutaneous injection and should be administered by a healthcare professional.<sup>1</sup> The dose is 284 mg given as a single subcutaneous injection initially, again at 3 months, and then once every 6 months.

## Guidelines

Many guidelines are available regarding the treatment of patients with dyslipidemia which include the management of HeFH and atherosclerotic cardiovascular disease (ASCVD).<sup>4-9</sup> For patients with elevated LDL-C, statins are the cornerstone of therapy and recommended first-line to be used at maximally tolerated doses due to the established benefits regarding the reduction of cardiovascular (CV) risks. Atorvastatin 40 mg to 80 mg once daily (QD) and rosuvastatin 20 mg to 40 mg QD are considered high-intensity statins as they achieve LDL-C lowering of  $\geq$  50%.

- The American College of Cardiology (ACC) Expert Consensus Decision Pathway on the Role of Non-Statin Therapies for LDL-Cholesterol Lowering in the Management of Atherosclerotic cardiovascular disease (ASCVD) Risk (2022) make several recommendations regarding PCSK9 inhibitors.<sup>4</sup> For adults with clinical ASCVD at very high risk (e.g., patients with major ASCVD events, HeFH, diabetes) who are on statin therapy for secondary prevention, the general goal is ≥ 50% LDL-C reduction and an LDL-C < 55 mg/dL with maximally tolerated statin therapy. If the above goals are not achieved, the initial non-statin agents recommended include ezetimibe and/or a PCSK9 monoclonal antibody (i.e., Repatha or Praluent). Leqvio may be considered. For adults without clinical ASCVD or diabetes or LDL-C ≥ 190 mg/dL who have undergone subclinical atherosclerosis imaging, if the coronary artery calcium score is ≥ 1,000 Agatston units, PCSK9 monoclonal antibodies (i.e., Repatha or Praluent) may be non-statin agents to consider following high-intensity statin therapy and ezetimibe to achieve the goal of a ≥ 50% LDL-C reduction (and LDL-C threshold < 70 mg/dL).</p>
- The American Heart Association (AHA)/ACC guidelines on the management of blood cholesterol (updated 2018) defines ASCVD as an acute coronary syndrome, those with a history of myocardial infarction, stable or unstable angina or coronary or other revascularizations, stroke, transient ischemic attack, or peripheral arterial disease.<sup>5,6</sup> Although LDL-C thresholds are not always recognized, in general, an LDL-C < 70 mg/dL is recommended for most patients with

ASCVD to reduce CV risk. Use of a PCSK9 as an adjunct is justified if this goal is not met with maximally tolerated statins.<sup>5,6</sup> Additionally, reviews have recognized that patients with an elevated coronary artery calcium or calcification score (e.g.,  $\geq$  300 Agatston units) are at an increased risk of CV events.<sup>11-14</sup>

- The American Diabetes Association Standards of Care for Diabetes discuss CV disease and risk management (2024).<sup>7</sup> For patients with diabetes who are 40 to 75 years of age at higher CV risk (including those with one or more ASCVD risk factors) it is recommended to use high-intensity statin therapy to reduce LDL-C by ≥ 50% of baseline and to target an LDL-C of < 70 mg/dL. Also, for patients with diabetes who are 40 to 75 years of age at higher CV risk, especially those with multiple ASCVD risk factors and an LDL-C ≥ 70 mg/dL, it may be reasonable to add ezetimibe or a PCSK9 inhibitor to a maximum tolerated statin.
- Guidelines for **Chronic Coronary Disease from the AHA and ACC** (along with other organizations) [2023] state in such patients who are judged to be at very high risk and on maximally tolerated statin therapy and an LDL-C ≥ 70 mg/dL, ezetimibe can be beneficial to further reduce the risk of a major adverse coronary event.<sup>8</sup> Patients with chronic coronary disease who are considered to be at very high risk who have and LDL-C ≥ 70 mg/dL who are receiving maximally tolerated statins and ezetimibe, a PCSK9 monoclonal antibody can be beneficial to further reduce the risk of a major adverse coronary event.
- A Scientific Statement from the AHA on Familial Hypercholesterolemia (2015),<sup>9</sup> as well as other information,<sup>10</sup> provide additional guidance on diagnosing familial hypercholesterolemia (e.g., HeFH). For HeFH, Dutch Lipid Network criteria scoring is used, as well the Simon Broome criteria.

## **POLICY STATEMENT**

Prior Authorization is recommended for medical benefit coverage of Leqvio. Approval is recommended for those who meet the **Criteria** and **Dosing** for the listed indications. Extended approvals are allowed if the patient continues to meet the Criteria and Dosing. Requests for doses outside of the established dosing documented in this policy will be considered on a case-by-case basis by a clinician (i.e., Medical Director or Pharmacist). All approvals are provided for the duration noted below. A patient who has previously met Initial Therapy criteria for Leqvio for the requested indication under the Coverage Review Department and is currently receiving Leqvio is only required to meet continuation of therapy criteria (i.e., currently receiving therapy). If past criteria have not been met under the Coverage Review Department and the patient is currently receiving Leqvio, or is restarting Leqvio, Initial Therapy criteria must be met.

Automation: None.

## **RECOMMENDED AUTHORIZATION CRITERIA**

Coverage of Leqvio is recommended in those who meet one of the following criteria:

## **FDA-Approved Indications**

- 1. Heterozygous Familial Hypercholesterolemia (HeFH).\* Approve for 1 year if the patient meets ONE of the following (A <u>or</u> B):
  - A) <u>Initial Therapy</u>. Approve if the patient meets ALL of the following (i, ii, <u>and</u> iii):
    - i. Patient is  $\geq 18$  years of age; AND
    - **ii.** Patient meets ONE of the following (a, b, <u>or</u> c):
      - a) Patient has an untreated low-density lipoprotein cholesterol (LDL-C) level ≥ 190 mg/dL (prior to treatment with antihyperlipidemic agents); OR

- b) Patient has phenotypic confirmation of heterozygous familial hypercholesterolemia; OR <u>Note</u>: Examples include pathogenic variants at the low-density lipoprotein receptor (LDLR), apolipoprotein B (apo B), proprotein convertase subtilisin kexin type 9 (PCSK9), or low-density lipoprotein receptor adaptor protein 1 (LDLRAP1) gene.
- c) Patient has been diagnosed with heterozygous familial hypercholesterolemia meeting ONE of the following diagnostic criteria thresholds [(1) or (2)]:
  - (1) Prescriber confirms that the Dutch Lipid Network criteria score was > 5; OR
  - (2) Prescriber confirms that Simon Broome criteria met the threshold for "definite" or "possible (or probable)" familial hypercholesterolemia; AND
- **iii.** Patient meets ONE of the following (a <u>or</u> b):
  - **a)** Patient meets ALL of the following [(1), (2), and (3)]:
    - (1) Patient has tried one high-intensity statin therapy (i.e., atorvastatin  $\geq$  40 mg daily; rosuvastatin  $\geq$  20 mg daily [as a single entity or as a combination product]); AND
    - (2) Patient has tried one high-intensity statin along with ezetimibe (as a single-entity or as a combination product) for  $\geq 8$  continuous weeks; AND
    - (3) LDL-C level after this treatment regimen remains  $\geq$  70 mg/dL; OR
  - **b)** Patient has been determined to be statin intolerant by meeting ONE of the following [(1) <u>or</u> (2)]:
    - (1) Patient experienced statin-related rhabdomyolysis; OR
      - <u>Note</u>: Rhabdomyolysis is statin-induced muscle breakdown that is associated with markedly elevated creatine kinase levels (at least 10 times the upper limit of normal), along with evidence of end organ damage which can include signs of acute renal injury (noted by substantial increases in serum creatinine [Scr] levels [ $a \ge 0.5$  mg/dL increase in Scr or doubling of the Scr] and/or myoglobinuria [myoglobin present in urine]).
    - (2) Patient meets ALL of the following [(a), (b), and (c)]:
      - (a) Patient experienced skeletal-related muscle symptoms; AND <u>Note</u>: Examples of skeletal-related muscle symptoms include myopathy (muscle weakness) or myalgia (muscle aches, soreness, stiffness, or tenderness).
      - (b) The skeletal-muscle related symptoms occurred while receiving separate trials of both atorvastatin and rosuvastatin (as single-entity or combination products); AND
      - (c) When receiving separate trials of both atorvastatin and rosuvastatin (as singleentity or as combination products) the skeletal-related muscle symptoms resolved upon discontinuation of each respective statin therapy (atorvastatin and rosuvastatin); OR

<u>Note</u>: Examples of skeletal-related muscle symptoms include myopathy and myalgia.

**B**) <u>Patient Currently Receiving Lequio</u>. Approve if according to the prescriber, the patient has experienced a response to therapy.

<u>Note</u>: Examples of a response to therapy include decreasing LDL-C, total cholesterol, non-highdensity lipoprotein (non-HDL-C), or apolipoprotein B levels. Also, if the patient is currently receiving the requested therapy but has not previously received approval of Leqvio for this specific indication through the Coverage Review Department, review under criteria for Initial Therapy. If the patient is restarting therapy with Leqvio, Initial Therapy criteria must be met.

**Dosing.** Approve ONE of the following dosage regimens (A or B):

- A) Initial dose is 284 mg given as a single subcutaneous injection, again at 3 months, and then once every 6 months; OR
- **B**) Maintenance dose is 284 mg given as a subcutaneous injection once every 6 months.
- **2. Primary Hyperlipidemia.**<sup>\*</sup> Approve for 1 year if the patient meets ONE of the following (A <u>or</u> B): <u>Note</u>: This is not associated with established cardiovascular disease or heterozygous familial

hypercholesterolemia (HeFH) and may be referred to as combined hyperlipidemia, hypercholesterolemia (pure, primary), dyslipidemia, or increased/elevated low-density lipoprotein cholesterol (LDL-C) levels.

- A) Initial Therapy. Approve if the patient meets ALL of the following (i, ii, and iii):
  - i. Patient is  $\geq 18$  years of age; AND
  - **ii.** Patient meets ONE of the following (a <u>or</u> b):
    - a) Patient has a coronary artery calcium or calcification score ≥ 300 Agatston units; OR
      b) Patient has diabetes; AND
  - iii. Patient meets ONE of the following (a or b):
    - a) Patient meets ALL of the following [(1]), (2), and (3)]:
      - (1) Patient has tried one high-intensity statin therapy (i.e., atorvastatin  $\geq$  40 mg daily; rosuvastatin  $\geq$  20 mg daily [as a single-entity or as a combination product]); AND
      - (2) Patient has tried the one high-intensity statin therapy above along with ezetimibe (as a single-entity or as a combination product) for  $\geq 8$  continuous weeks; AND
      - (3) LDL-C level after this treatment regimen remains  $\geq$  70 mg/dL; OR
    - b) Patient has been determined to be statin intolerant by meeting ONE of the following [(1) <u>or</u> (2)]:
      - (1) Patient experienced statin-related rhabdomyolysis; OR
        - <u>Note</u>: Rhabdomyolysis is statin-induced muscle breakdown that is associated with markedly elevated creatine kinase levels (at least 10 times the upper limit of normal), along with evidence of end organ damage which can include signs of acute renal injury (noted by substantial increases in serum creatinine [Scr] levels [ $a \ge 0.5$  mg/dL increase in Scr or doubling of the Scr] and/or myoglobinuria [myoglobin present in urine]).
      - (2) Patient meets ALL of the following [(a), (b), and (c)]:
        - (a) Patient experienced skeletal-related muscle symptoms; AND <u>Note</u>: Examples of skeletal-related muscle symptoms include myopathy (muscle weakness) or myalgia (muscle aches, soreness, stiffness, or tenderness).
        - (b) The skeletal-muscle related symptoms occurred while receiving separate trials of both atorvastatin and rosuvastatin (as single-entity or combination products); AND
        - (c) When receiving separate trials of both atorvastatin and rosuvastatin (as singleentity or as combination products) the skeletal-related muscle symptoms resolved upon discontinuation of each respective statin therapy (atorvastatin and rosuvastatin); OR

<u>Note</u>: Examples of skeletal-related muscle symptoms include myopathy and myalgia.

**B**) <u>Patient Currently Receiving Lequio</u>. Approve if according to the prescriber, the patient has experienced a response to therapy.

<u>Note</u>: Examples of a response to therapy include decreasing LDL-C, total cholesterol, non-highdensity lipoprotein (non-HDL-C), or apolipoprotein B levels. Also, if the patient is currently receiving the requested therapy but has not previously received approval of Leqvio for this specific indication through the Coverage Review Department, review under criteria for Initial Therapy. If the patient is restarting therapy with Leqvio, Initial Therapy criteria must be met.

**Dosing.** Approve ONE of the following dosage regimens (A or B):

- A) Initial dose is 284 mg given as a single subcutaneous injection, again at 3 months, and then once every 6 months; OR
- **B**) Maintenance dose is 284 mg given as a subcutaneous injection once every 6 months.

**Other Uses with Supportive Evidence** 

- **3.** Established Cardiovascular Disease.\* Approve for 1 year if the patient meets ONE of the following (A <u>or</u> B):
  - A) Initial Therapy. Approve if the patient meets ALL of the following (i, ii, and iii):
    - i. Patient is  $\geq 18$  years of age; AND
    - **ii.** Patient has had one of the following conditions or diagnoses (a, b, c, d, e, <u>or</u> f):
      - a) A previous myocardial infarction or a history of an acute coronary syndrome; OR
      - **b**) Angina (stable or unstable); OR
      - c) A past history of stroke or transient ischemic attack; OR
      - **d**) Coronary artery disease; OR
      - e) Peripheral arterial disease; OR
      - **f**) Patient has undergone a coronary or other arterial revascularization procedure in the past; AND

<u>Note</u>: Examples include coronary artery bypass graft surgery, percutaneous coronary intervention, angioplasty, and coronary stent procedures.

- **iii.** Patient meets ONE of the following (a <u>or</u> b):
  - a) Patient meets all of the following [(1), (2), and (3)]:
    - (1) Patient has tried one high-intensity statin therapy (i.e., atorvastatin  $\geq$  40 mg daily; rosuvastatin  $\geq$  20 mg daily [as a single entity or as a combination product]); AND
    - (2) Patient has tried one high-intensity statin along with ezetimibe (as a single-entity or as a combination product) for  $\geq 8$  continuous weeks; AND
    - (3) Low-density lipoprotein cholesterol (LDL-C) level after this treatment regimen remains  $\geq$  55 mg/dL; OR
  - **b)** Patient has been determined to be statin intolerant by meeting ONE of the following [(1) <u>or</u> (2)]:
    - (1) Patient experienced statin-related rhabdomyolysis; OR
      - <u>Note</u>: Rhabdomyolysis is statin-induced muscle breakdown that is associated with markedly elevated creatine kinase levels (at least 10 times the upper limit of normal), along with evidence of end organ damage which can include signs of acute renal injury (noted by substantial increases in serum creatinine [Scr] levels [ $a \ge 0.5$  mg/dL increase in Scr or doubling of the Scr] and/or myoglobinuria [myoglobin present in urine]).
    - (2) Patient meets ALL of the following [(a), (b), and (c)]:
      - (a) Patient experienced skeletal-related muscle symptoms; AND

<u>Note</u>: Examples of skeletal-related muscle symptoms include myopathy (muscle weakness) or myalgia (muscle aches, soreness, stiffness, or tenderness).

- (b) The skeletal-muscle related symptoms occurred while receiving separate trials of both atorvastatin and rosuvastatin (as single-entity or combination products); AND
- (c) When receiving separate trials of both atorvastatin and rosuvastatin (as singleentity or as combination products) the skeletal-related muscle symptoms resolved upon discontinuation of each respective statin therapy (atorvastatin and rosuvastatin); OR

<u>Note</u>: Examples of skeletal-related muscle symptoms include myopathy and myalgia.

**B**) <u>Patient Currently Receiving Lequio</u>. Approve if according to the prescriber, the patient has experienced a response to therapy.

<u>Note</u>: Examples of a response to therapy include decreasing LDL-C, total cholesterol, non-highdensity lipoprotein (non-HDL-C), or apolipoprotein B levels. Also, if the patient is currently receiving the requested therapy but has not previously received approval of Leqvio for this specific indication through the Coverage Review Department, review under criteria for Initial Therapy. If the patient is restarting therapy with Leqvio, Initial Therapy criteria must be met.

**Dosing.** Approve ONE of the following dosage regimens (A <u>or</u> B):

- A) Initial dose is 284 mg given as a single subcutaneous injection, again at 3 months, and then once every 6 months; OR
- B) Maintenance dose is 284 mg given as a subcutaneous injection once every 6 months.

#### Note:

\* A patient may have a diagnosis that pertains to more than one indication, therefore, consider review under different approval conditions, if applicable (e.g., a patient with heterozygous familial hypercholesterolemia may have established cardiovascular disease, a patient with primary hyperlipidemia may have heterozygous familial hypercholesterolemia).

#### **CONDITIONS NOT RECOMMENDED FOR APPROVAL**

Coverage of Leqvio is not recommended in the following situations:

- 1. Concurrent use of Leqvio with Repatha (evolocumab subcutaneous injection) or Praluent (alirocumab subcutaneous injection). Repatha and Praluent are PCSK9 inhibitors and should not be used with Leqvio due to a similar mechanism of action.<sup>1</sup> Patients receiving PCSK9 inhibitors were excluded from the pivotal trials with Leqvio.
- **2.** Coverage is not recommended for circumstances not listed in the Recommended Authorization Criteria. Criteria will be updated as new published data are available.

#### REFERENCES

- 1. Leqvio<sup>®</sup> subcutaneous injection [prescribing information]. East Hanover, NJ: Novartis; July 2023.
- 2. Repatha® subcutaneous injection [prescribing information]. Thousand Oaks, CA: Amgen; September 2021.
- 3. Praluent<sup>®</sup> subcutaneous injection [prescribing information]. Tarrytown, NY: Regeneron; March 2024.
- 4. Lloyd-Jones DM, Morris PB, Ballantyne CM, et al. 2022 ACC Expert Consensus Decision Pathway on the Role of Non-Statin Therapies for LDL-Cholesterol Lowering in the Management of Atherosclerotic Cardiovascular Disease Risk. *J Am Coll Cardiol.* 2022;80(14):1366-1418.
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- 7. American Diabetes Association Professional Practice Committee. Cardiovascular Disease and Risk Management: Standards of Care in Diabetes-2024. *Diabetes Care*. 2024;47(Suppl 1):S179-S218.
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- 9. Gidding SS, Champagne MA, de Ferranti SD, et al. The agenda for familial hypercholesterolemia. A scientific statement from the American Heart Association. *Circulation*. 2015;132(22):2167-2192.
- 10. Haase A, Goldberg AC. Identification of people with heterozygous familial hypercholesterolemia. *Curr Opin Lipidol*. 2012;23:282-289.
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- 12. Greenland P, Blaha MJ, Budoff MJ, et al. Coronary calcium score and cardiovascular risk. J Am Coll Cardiol. 2018;72(4):434-447.
- 13. Razavi AC, Agatston AS, Shaw LJ, et al. Evolving role of calcium density in coronary artery calcium scoring and atherosclerotic cardiovascular disease risk. *JACC Cardiovas Imaging*. 2022;15:1648-1662.
- 14. Lehker A, Mukherjee D. Coronary calcium risk score and cardiovascular risk. Curr Vasc Pharmacol. 2021;19(3):280-284.

# HISTORY

Type of Revision	Summary of Changes	<b>Review Date</b>
Annual Revision	It was added to the Policy Statement that a patient who has previously met initial therapy	04/26/2023
	criteria for Leqvio for the requested indication under the Coverage Review Department	
	and is currently receiving Leqvio is only required to meet continuation of therapy criteria	
	(i.e., currently receiving therapy). If past criteria have not been met under the Coverage	
	Review Department and the patient is currently receiving Leqvio, or is restarting Leqvio,	
	initial criteria must be met. In addition, the following changes were made:	
	Atherosclerotic Cardiovascular Disease: Requirements were divided to distinguish	
	between initial therapy and patient currently receiving Leqvio (previously there was only	
	one criteria set). For a patient who is currently receiving Leqvio and has previously met	
	initial therapy criteria for the requested indication under the Coverage Review	
	Department, only the continuation of therapy criteria has to be met. The continuation of	
	therapy criteria states that according to the prescribing physician, the patient has	
	experienced a response to therapy with examples provided in a Note.	
	Heterozygous Familial Hypercholesterolemia: Requirements were divided to	
	distinguish between initial therapy and patient currently receiving Leqvio (previously	
	there was only one criteria set). The criteria to confirm the diagnosis of heterozygous	
	familial hypercholesterolemia were reworded regarding the use of the Dutch Lipid	
	Network criteria and the Simon Broome criteria; also, the phrase "prescriber used" was	
	changed to "the prescribing physician confirms". For a patient who is currently receiving	
	Leqvio and has previously met initial therapy criteria for the requested indication under	
	the Coverage Review Department, only the continuation of therapy criteria has to be met.	
	The continuation of therapy criteria states that according to the prescribing physician, the	
	patient has experienced a response to therapy with examples provided in a Note.	
Selected	Atherosclerotic Cardiovascular Disease: The condition was moved from FDA-	08/30/2023
Revision	Approved Indications to Other Uses with Supportive Evidence. Also, coronary artery	
	disease was added as a condition or diagnosis that represents this indication of use in this	
	related requirement. A Note was added that a patient may have a diagnoses that pertains	
	to more than one indication, therefore, consider review under different approval	
	conditions, if applicable.	
	Heterozygous Familial Hypercholesterolemia: A Note was added that a patient may	
	have a diagnoses that pertains to more than one indication, therefore, consider review	
	under different approval conditions, if applicable.	
	<b>Primary Hyperlipidemia:</b> This was added as a new FDA-approved indication.	

# HISTORY (CONTINUED)

It was removed from the Policy Statement that the agent is prescribing by or in consultation with a physician who specializes in the condition being treated. In addition, the following changes were made: <b>Established Cardiovascular Disease:</b> The name of the indication was changed to as stated (previously "Atherosclerotic Cardiovascular Disease"). For <u>Initial Therapy</u> , the requirement that the medication is prescribed by, or in consultation with a cardiologist; an endocrinologist; or a physician who focuses in the treatment of cardiovascular risk management and/or lipid disorders was removed. The requirement that the low-density lipoprotein cholesterol level after treatment with one high-intensity statin therapy and ezetimibe be $\geq 70$ mg/dL was changed to $\geq 55$ mg/dL. For a <u>Patient Currently Receiving</u> the Medication, the requirement that the "prescribing physician" notes that the patient has experienced a response to therapy was changed to "prescriber". <b>Heterozygous Familial Hypercholesterolemia:</b> For <u>Initial Therapy</u> , the requirement that the medication is prescribed by, or in consultation with a cardiologist; an endocrinologist; or a physician who focuses in the treatment of cardiovascular risk management and/or lipid disorders was removed. The requirement that the patient has had genetic confirmation of heterozygous familial hypercholesterolemia by mutations in the low-density lipoprotein receptor, apolipoprotein B, proprotein convertase subtilisin kexin type 9, or low-density lipoprotein receptor adaptor protein 1 gene was changed to state that the patient has had phenotypic confirmation of heterozygous familial hypercholesterolemia by meeting the Dutch Lipid Network criteria score or the Simon Broome criteria, the requirement that this be confirmed by the "prescribing physician" was changed to "prescriber". <b>Primary Hyperlipidemia:</b> For <u>Initial Therapy</u> , the requirement that the medication is prescribed by, or in consultation with a cardiologist; arendocrinologist; or a physician" the above exampl	05/08/2024

# APPENDIX A

## Simon Broome Register Diagnostic Criteria.<sup>9,10</sup>

Simon Broome Register Diagnostic Criteria. <sup>310</sup>
Definite Familial Hypercholesterolemia
Raised cholesterol
Total cholesterol greater than 6.7 mmol/L (260 mg/dL) or LDL-C > 4.0 mmol/L (155 mg/dL) in a patient < 16 years of age
OR
Total cholesterol > 7.5 mmol/L (290 mg/dL) or LDL-C > 4.9 mmol/L (190 mg/dL) in a patient > 16 years of age;
AND
Tendon xanthomas in the patient or in a first (parent, sibling, or child) or second-degree relative (grandparent, aunt, or uncle)
OR
DNA-based evidence of LDL-receptor, familial defective APOB, or PCSK9 mutation.
Possible (or Probable) Familial Hypercholesterolemia
Raised cholesterol
Total cholesterol greater than 6.7 mmol/L (260 mg/dL) or LDL-C > 4.0 mmol/L (155 mg/dL) in a patient < 16 years of age
OR
Total cholesterol > 7.5 mmol/L (290 mg/dL) or LDL-C > 4.9 mmol/L (190 mg/dL) in a patient > 16 years of age;
AND
Family history of premature myocardial infarction younger than 50 years of age in second-degree relative or younger than 60
years of age in first-degree relative;
OR
Raised cholesterol
Total cholesterol greater than 6.7 mmol/L (260 mg/dL) or LDL-C > 4.0 mmol/L (155 mg/dL) in a patient < 16 years of age
OR
Total cholesterol > 7.5 mmol/L (290 mg/dL) or LDL-C > 4.9 mmol/L (190 mg/dL) in a patient > 16 years of age;
AND
Family history of raised cholesterol > 7.5 mmol (290 mg/dL) in adult first-degree or second-degree relative or > 6.7 mmol/L
(260 mg/dL) in child or sibling aged < 16 years.
LDL-C – Low-density lipoprotein cholesterol; LDL – Low-density lipoprotein; APOB – Apolipoprotein B; PCSK9 – Proprote convertase subtilisin kexin type 9.

# APPENDIX B.

**Dutch Lipid Network Criteria.**9,10

Criteria	Score
Family History	
First-degree relative with known premature coronary and/or vascular disease (men $< 55$ years, women $< 60$	
years)	
First degree relative with known LDL-C > $95^{\text{th}}$ percentile for age and sex	1
First-degree relative with tendon xanthomata and/or arcus cornealis, OR	2
Patient is $< 18$ years of age with LDL-C $> 95^{\text{th}}$ percentile for age and sex	2
Clinical History	
Patient with premature CAD (age as above)	2
Patient with premature cerebral or peripheral vascular disease (age as above)	1
Physical Examination	
Tendon xanthomas	6
Arcus cornealis at age < 45 years	
LDL-C	
LDL-C $\geq$ 8.5 mmol/L (330 mg/dL)	8
LDL-C 6.5 to 8.4 mmol/L (250 to 329 mg/dL)	5
LDL-C 5.0 to 6.4 mmol/L (190 to 249 mg/dL)	3
LDL-C 4.0 to 4.9 mg/dL (155 to 189 mg/dL)	1
DNA Analysis	
Functional mutation LDLR, APOB or PCSK9 gene	8
Stratification	
Definite familial hypercholesterolemia	
Probable familial hypercholesterolemia	
Possible familial hypercholesterolemia	
Unlikely familial hypercholesterolemia	

LDL-C – Low-density lipoprotein cholesterol; CAD – Coronary artery disease; LDLR – Low-density lipoprotein receptor; APOB – Apolipoprotein B; PCSK9 – Proprotein convertase subtilisin kexin type 9.