

Medical Policy: Balloon Dilatation of Sinuses (SOD)

Effective Date: 11/14/19
 Created by: Dr. Howard Taekman
 Reviewed/No Updates: 02/13/20; 02/11/21; 2/17/22;
 2/2/23; 2/8/24, 2/20/25

Balloon Dilatation of Sinuses (SOD) Medical Policy

Policy: VCHCP covers Balloon Dilatation of Sinuses (Sinus Ostial Dilation/SOD) in the circumstances outlined below.

Indications:

- **Target Population:** For patients ages 18 and over who have clinical evidence of chronic recurring bouts of rhinosinusitis (3 months or longer), with or without nasal polyps, CT evidence of sinusitis and minimal response to medical therapy (e.g. decongestants, nasal steroids, saline irrigation)
- **Procedure:** Endoscopic Use of a special balloon device to enlarge or open the outflow tracts of the maxillary, frontal or sphenoid sinuses, and it may be used as a stand-alone procedure or with endoscopic surgery.
- **Anesthesia:** Maybe done under a variety of anesthesia include local, monitored anesthesia care (MAC) or general.

A. **Attachments:** None

B. **History:**

Created by: Howard Taekman, MD
 Committee Review: UM: November 14, 2019; QAC: November 26, 2019
 Reviewed/No Updates: Howard Taekman, MD & Robert Sterling, MD
 Committee Review: UM: February 13, 2020; QAC: February 25, 2020
 Reviewed/No Updates: Howard Taekman, MD & Robert Sterling, MD
 Committee Review: UM: February 11, 2021; QAC: February 23, 2021
 Reviewed/No Updates: Howard Taekman, MD & Robert Sterling, MD
 Committee Review: UM: February 17, 2022; QAC: February 22, 2022
 Reviewed/No Updates: Howard Taekman, MD & Robert Sterling, MD
 Committee Review: UM: February 2, 2023; QAC: February 7, 2023
 Reviewed/No Updates: Howard Taekman, MD & Robert Sterling, MD
 Committee Review: UM: February 8, 2024; QAC: February 27, 2024
 Reviewed/Updated by: Howard Taekman, MD & Robert Sterling, MD
 Committee Review: UM: February 20, 2025; QAC: February 25, 2025

Revision Date	Content Revised (Yes/No)	Contributors	Review/Revision Notes
11/14/19	No	Howard Taekman, MD and Robert Sterling, MD	New

Medical Policy: Balloon Dilatation of Sinuses (SOD)

Effective Date: 11/14/19

Created by: Dr. Howard Taekman

Reviewed/No Updates: 02/13/20; 02/11/21; 2/17/22;
2/2/23; 2/8/24, 2/20/25

02/13/20	No	Howard Taekman, MD and Robert Sterling, MD	Annual Review
02/11/21	No	Howard Taekman, MD and Robert Sterling, MD	Annual Review
02/17/22	No	Howard Taekman, MD and Robert Sterling, MD	Annual Review
02/02/23	No	Howard Taekman, MD and Robert Sterling, MD	Annual Review
02/08/24	No	Howard Taekman, MD and Robert Sterling, MD	Annual Review
02/20/25	Yes	Howard Taekman, MD and Robert Sterling, MD	Updated indication section