

Prior Authorization DRUG Guidelines

Ethylol (amifostine)

Effective Date: 10.22.13

Date Developed: 9/3/13 by Albert Reeves MD

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Amifostine is a prodrug converted by alkaline phosphatase to an active thiol which can bind to and thereby inhibit (“detoxify”) the reactive metabolites of cisplatin as well as scavenge free radicals generated by cisplatin or radiation therapy

Pre-authorization Criteria: Reduce the incidence of moderate-to-severe xerostomia in patients undergoing postoperative radiation treatment for head and neck cancer; reduce the cumulative renal toxicity associated with repeated administration of cisplatin

Off-Label use: prevention of radiation proctitis in patients with rectal cancer

Dosing: Cisplatin-induced renal toxicity, reduction: I.V.: 910 mg/m² once daily over 15 minutes 30 minutes prior to cytotoxic therapy (see product literature for more details)

Xerostomia from head and neck cancer, reduction:

I.V.: 200 mg/m² over 3 minutes once daily 15-30 minutes prior to cisplatin or radiation therapy, --or-

SubQ (unlabeled route): 500 mg once daily prior to radiation therapy

Prevention of radiation proctitis in rectal cancer: I.V.: 340 mg/m² once daily prior to radiation therapy.

How Supplied: Solution ethylol 500 mg ea)

Precautions: serious cutaneous reactions (erythema multiforme, Stevens-Johnson syndrome, toxic epidermal necrolysis, toxicoderma and exfoliative dermatitis); hypocalcemia. hypersensitivity reactions; hypotension; dosage adjustments necessary for kidney and renal impairment

Note: extravasation may cause local tissue damage

Note: antiemetic medication, including dexamethasone 20 mg IV and a serotonin 5-HT₃ receptor antagonist, is recommended prior to infusion

Note: transient hypotension may occur

Drug Interactions: antihypertensives (may enhance the hypotensive effect of amifostine)

References

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Revision Date	Content Revised (Yes/No)	Contributors	Review/Revision Notes
1/24/17	No	Catherine Sanders, MD; Robert Sterling, MD	Annual review
1/23/18	No	Catherine Sanders, MD; Robert Sterling, MD	Annual review
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2/18/20	No	Howard Taekman, MD; Robert Sterling, MD	Annual review
8/3/21	Yes	Howard Taekman, MD; Robert Sterling, MD	Updated precautions section and formatting changes.
2/1/22	No	Howard Taekman, MD; Robert Sterling, MD	Annual review
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2/13/24	No	Howard Taekman, MD; Robert Sterling, MD	Annual review
2/18/25	Yes	Howard Taekman, MD; Robert Sterling, MD	Removed "Prevention of radiation proctitis in rectal cancer (off-label use): IV: 340 mg/m ² once daily prior to radiation therapy." Updated Precautions section and added "Note: transient hypotension may occur"