

## List of Diagnostic Studies and Prior Authorization Requirements

Please refer to the following list when processing requests for physician recommended studies.

COMMON STUDIES		LESS COMMON STUDIES		**NON-ROUTINE STUDIES	
<i>Prior Auth required at :</i>		<i>Prior Auth required at :</i>		<i>Prior Auth required at :</i>	
VCHCA Facilities/VCMC	No	VCHCA Facilities/VCMC	No	VCHCA Facilities/VCMC	Yes
Contracted Facilities	No	Contracted Facilities	Yes	Contracted Facilities	Yes
2D Echo (Requested by Cardiology)		2D Echo		Amniocentesis	
Anoscopy Diagnostic				Bone Scan	
Barium Enema		Bronchoscopy			
Breast Biopsy					
Carotid Duplex Doppler (Venous and Arterial Doppler)		EEG (Electroencephalogram)		Dexa Scan	
Colonoscopy Screening and Diagnostic with or without biopsy, Sigmoidoscopy with or without biopsy		IVP (Intravenous Pyelogram)		Event Monitor	
CT Angiography					
CT Scan (Cat Scan)				MRI / MRA / MRV	
*EKG/ECG - Electrocardiogram				Myelogram	
Endoscopy, Esophagogastro Duodenoscopy (EGD/Upper GI Endoscopy, EGD/Upper GI Endoscopy with or without biopsy				Nuclear Medicine	
Fetal Echocardiogram Doppler Services – Specific to Perinatology Specialty				Pet Scan	
Fetal Non-Stress Test				PCI (Heart Cath)	
Holter Monitor				Tagged White/Red Cell Scan	
Labs				VQ Scan (Ventilation/Perfusion)	
Mammogram Screening and Diagnostic					
Prostate Biopsy					
Pulmonary Function Test					
Stress Test (Requested by Cardiology)					
Thyroid Biopsy					
Ultrasound/Sonogram, Includes OB Ultrasound and Nuchal Translucency – Includes VCMC Affiliates					
Upper GI					

VCUG – Voiding Cystourethrogram		
X-Rays, Plain Films		

\*Requires Prior Auth if not emergent/urgent from PCP

\*\*Not an inclusive list

This is also located in our VCHCP Provider website:

<http://www.vchealthcareplan.org/providers/docs/PriorAuthorizationGuidelines.pdf>

**A. Review & Revision History:**

Reviewed/Updates by: Faustine Dela Cruz, RN, Catherine Sanders, MD  
 Committee Review: UMC: February 9, 2017; QAC: February 28, 2017  
 Reviewed/Updates by: Faustine Dela Cruz, RN, Catherine Sanders, MD  
 Committee Review: UMC: February 8, 2018; QAC: February 27, 2018  
 Reviewed/Updates by: Faustine Dela Cruz, RN, Catherine Sanders, MD  
 Committee Review: UMC: May 10, 2018; QAC: May 29, 2018  
 Reviewed/No Updates by: Faustine Dela Cruz, RN, Catherine Sanders, MD  
 Committee Review: UMC: February 14, 2019; QAC: February 26, 2019  
 Reviewed/No Updates by: Faustine Dela Cruz, RN, Catherine Sanders, MD  
 Committee Review: UMC: November 14, 2019; QAC: November 26, 2019  
 Reviewed/No Updates by: Faustine Dela Cruz, RN, Howard Taekman, MD  
 Committee Review: UMC: February 13, 2020; QAC: February 25, 2020  
 Reviewed/Updates by: Faustine Dela Cruz, RN, Howard Taekman, MD  
 Committee Review: UMC: August 13, 2020; QAC: August 25, 2020  
 Reviewed/Updates by: Faustine Dela Cruz, RN, Howard Taekman, MD  
 Committee Review: UMC: November 12, 2020; QAC: November 24, 2020  
 Reviewed/No Updates by: Faustine Dela Cruz, RN, Howard Taekman, MD  
 Committee Review: UMC: February 11, 2021; QAC: February 23, 2021  
 Reviewed/No Updates by: Faustine Dela Cruz, RN, Howard Taekman, MD  
 Committee Review: UMC: February 17, 2022; QAC: February 22, 2022  
 Reviewed/No Updates by: Faustine Dela Cruz, RN, Howard Taekman, MD  
 Committee Review: UMC: February 2, 2023; QAC: February 7, 2023  
 Reviewed/Updates by: Faustine Dela Cruz, RN, Howard Taekman, MD  
 Committee Review: UMC: February 8, 2024; QAC: February 27, 2024  
 Reviewed/No Updates by: Faustine Dela Cruz, RN, Howard Taekman, MD  
 Committee Review: UMC: February 20, 2025; QAC: February 25, 2025

Revision Date	Content Revised (Yes/No)	Contributors	Review/Revision Notes
2/9/17	Yes	Catherine Sanders, MD; Robert Sterling, MD, Faustine Dela Cruz, RN	Annual review; diagnostic mammogram and colonoscopy, sigmoidoscopy and CT scan changed to no authorization required
2/8/18	Yes	Catherine Sanders, MD; Robert Sterling, MD, Faustine Dela Cruz, RN	Annual review; added VCMC Affiliates – who can perform OB ultrasound/sonogram and nuchal translucency, without prior authorization.
5/10/18	Yes	Catherine Sanders, MD; Robert Sterling, MD, Faustine Dela Cruz, RN	Removed prior authorization of Holter monitor from non VCMC contracted providers. Added Zio Patch to the non-

			routine studies that always require PA.
2/14/19	No	Catherine Sanders, MD; Robert Sterling, MD, Faustine Dela Cruz, RN	Annual review
8/22/19	Yes	Howard Taekman, MD; Faustine Dela Cruz, RN	Moved Carotid Duplex Doppler (Venous and Arterial Doppler) to no prior authorization. Added anoscopy diagnostic under common studies, no prior authorization required. Removed prior authorization for Ziopatch.
2/13/20	No	Howard Taekman, MD; Robert Sterling, MD, Faustine Dela Cruz, RN	Annual review
8/13/20	Yes	Howard Taekman, MD; Robert Sterling, MD, Faustine Dela Cruz, RN	Removed Stress Test under Less Common Studies column.
11/12/20	Yes	Howard Taekman, MD; Robert Sterling, MD, Faustine Dela Cruz, RN Meriza Ducay, RN	Moved CT Angiography to Common Studies column; Added the following to Common Studies Column: Colonoscopy with biopsy, Sigmoidoscopy with biopsy, EGD/Upper GI Endoscopy with biopsy, Breast Biopsy, Prostate Biopsy, Thyroid Biopsy and VCUG – Voiding Cystourethrogram
2/11/21	No	Howard Taekman, MD; Robert Sterling, MD, Faustine Dela Cruz, RN	Annual review
2/17/22	No	Howard Taekman, MD; Robert Sterling, MD, Faustine Dela Cruz, RN	Annual review
2/2/23	Yes	Howard Taekman, MD; Robert Sterling, MD, Faustine Dela Cruz, RN	UPDATED Removed (Exception: for Prior authorization is required if services will be performed by Perinatologist other than VCMC Affiliates)
2/8/24	Yes	Howard Taekman, MD; Robert Sterling, MD, Faustine Dela Cruz, RN	Added Fetal Echocardiogram Doppler Services – Specific to Perinatology Specialty
2/20/25	No	Howard Taekman, MD; Robert Sterling, MD, Faustine Dela Cruz, RN	Annual review