

Out-of-Pocket Maximum Notices

An out-of-pocket (OOP) maximum is a cap, or limit, on the amount of money you pay for covered health care services in a plan year. If you meet that limit, your health plan will pay 100% of all covered health care costs for the remainder of the plan year. Under the Ventura County Health Care Plan (VCHCP), the individual OOP maximum is \$3,000.

Effective July 2022, VCHCP is required to send out monthly notices to any members who have had claims processed within the last 30 calendar days. We are required to send these notices to each individual enrollee; therefore, some households may receive more than one notice. These notices will indicate how much of your OOP maximum has been met for the year including medical, pharmacy, and behavioral health claims.

Please note that you can opt out from receiving these monthly mailings, or you can request to receive them electronically via email as an alternative. Additionally, you may obtain this information at any time by contacting our Member Services Department or logging in to the VCHCP Member Portal at member.vchealthcareplan.org.

If you would like to opt-out of this process or receive these notices electronically, please indicate your preference below and return this form to VCHCP – Attn: Member Services. You can also send us an email with your selection at vchcp.memberservices@ventura.org or call us at (805) 981-5050.

Select one:

- I would like to opt-out of receiving these notices.
- I would like to start receiving these notices electronically at the below email address:

Email: _____

Employee Name: _____ Member ID: _____

Signature: _____ Date: _____

We value you as a Plan member, if you require further assistance, please contact our Member Services Department at (805) 981-5050 or (800) 600-8247, Monday - Friday between the hours of 8:30 a.m. - 4:30 p.m. (PST).

Sincerely,
Ventura County Health Care Plan